

MOVE Transformed Hearts

“Being formed into the Image of Christ for the sake of others”

Key Terms: Wholehearted, Transformed, Conformed to the image of Christ.

Key Passages: Romans 12:1-2; 2 Corinthians 5:14-19; Ezekiel 36:26-27; Ephesians 5:1

Key Concept: The goal of discipleship is to have a relationship with God through Jesus which continues to deepen and transform me into the image of Jesus, so that I think, love and live like Him.

Core Commitments

Transformation

Changed from the inside out

Key Passages: 2 Corinthians 3:18; Galatians 4:19; Philippians 3:21

Definition: To change in form, appearance, nature or character. Transformation involves the whole person: spirit, body, soul, heart and mind.

Goal: Drawing closer to God and being conformed to the image of Christ for the sake of others.

Reflection/Conversation: Do you identify with the following: “I feel like there is something not right with me and the world.” If you do, what would you change? How? What have you tried in the past? How would drawing closer to God help you change? How does the process of transformation differ from changing behaviors or beliefs?

Kingdom

Finding meaning and purpose in God’s Story

Key Passages: Matthew 4:17; 6:9-12; 28:19-20; 22:37-40; Revelation 5:9-10; 1Peter 2:4-6; Ephesians 4: 11-16

Definition: The Bible tells the story of God’s Kingdom revealed in Creation, Rejected by human choice and Restored through the death and resurrection of Jesus.

Goal: To enter into the Kingdom of God finding our place, meaning and purpose.

Reflection/Conversation:

Identify the things, activities, or relationship that you think with make you happy and give you a sense of fulfillment. Do you see yourself as being a part of something bigger than you? How does that affect your choices? Is God’s story a part of any of the above answers?

Holy Spirit

Living in Relationship with God

Key Passages: John 14:16-17; Acts 1:8; 2:1-4; Ephesians 1:13-14; 3:14-21

Definition: The Holy Spirit is the third person of the Trinity and dwells in Christ-followers revealing Jesus and the Father’s plans and power.

Reflection/Conversation: What is your first reaction to the idea that God is present and will communicate with us? Have you had any experiences with the Holy Spirit communicating with you, giving you strength to accomplish something, using you to meet someone else’s need?

Core Habits

Core habits provide the resources and places for transformation, living out kingdom meaning and purpose, and finding power and friendship with God through the Holy Spirit. Through the habits of Scripture and Prayer, God affirms, challenges and instructs us with the reality of who He is, what He values and what He is doing in our lives. Community provides another way God speaks through others into our lives. As we serve others for Him, our hearts are formed into His.

Engage Through Scripture

Key Passages: Psalms 19; 119:9-11; 2 Timothy 3:16-17; Hebrews 4:12-13; 2 Peter 1:16-21

Key Practices: Read, Study, Apply, Listen for God

Value (Purpose): Scripture anchors us to reality, God’s story and provides the medium for a conversation with God.

Reflection/Conversation: How often during a week do you reflect on a specific Bible verse(s) and apply it to your life? Do you have a regular intentional plan of Scripture engagement? What is it?

Engage Through Prayer

Key Passages: Luke 11:2-13; Philippians 4:6-7; 1Thes-salonians 5:16-17

Key Practices: Worship, Thanksgiving, Confession, Gratitude, Trust (petition/Supplication), Listening, and simply being with God

Reflection/Conversation: How often during the week do you thank God for who He is and what He does? How often do you visit with Him about where you struggle or your failures? How often do you ask Him to intervene or provide something? Do you spend time enjoying God?

Engage Through Community

Key Passage: Acts 2:42; Hebrews 10:24; Ephesians 4:11-16

Key practices: Create an environment of safety and mutual relationships where we encourage each other to grow in our relationships with God and others—Personal, Relational and Intentional

Reflection/Conversation: Who would you call if you were in a crisis? Who do you have where you can be vulnerable? Who will help you process, from God’s point of view, questions of life and faith? Who will be with you as you face struggles and make important decisions.

Engage Through Mission

Key Passages: Matthew 28:19-20; 5:13-15; Acts 1:8; 1Peter 2:4-6

Key Practices: Living our lives as representatives of God’s Kingdom in every facet of life. Finding and pursuing any unique call of God on our life, time and resources.

Reflection/Conversation: What values, priorities and goal determine your choices? God is working to redeem, heal and restore this world. Do you see how your life can be a part of what He is doing? How does (would) this change your plans and what you are doing?

MOVE

“We are constantly moving. The question is where are we going?”

MOVE events, groups and materials are intended to encourage you to be intentional about moving closer to God. This journey toward God is like other trips you’ve taken: there is a beginning and various sights, challenges and choices along the way to a destination. It doesn’t matter where you are on the journey, just that you keep moving toward the destination. As Christ followers our destination is a wholehearted relationship with God. Our relationship goes through various segments (and back and forth between those segments). We offer the following four segments to help you identify where you are with God and develop a strategy for continuing to move close to Him. Each segment is defined by how a person describes their relationship with God. As you read through the statements identify which one(s) identify how you see your relationship with God? A list of Catalysts has been provided

Four Segments

Exploring

I believe in God, but I am not sure about Christ. My faith is not a significant part of my life.

Growing

I believe in Jesus and I am working on what it means to get to know Him.

Pursuing

I feel close to Christ and depend on Him daily for guidance.

Wholehearted

My relationship with Jesus is the most important relationship in my life. It guides everything I do.

Five Catalysts

From Explore to Grow

- Salvation by Grace
- God is the God of the Scripture
- Serve in Church
- Reflection on Scripture
- Spiritual Friendships.

From Grow to Pursue

- Personal God
- Prayer to Seek Guidance
- Reflection on Scripture
- Spiritual Conversations
- Generosity

From Pursue to Wholehearted

- Giving Away My Life
- Christ First
- Identity in Christ
- Authority of the Bible
- Reflection on Scripture
- Motivated by God’s Love

Reflection

1. What segment(s) do you identify with?
2. What characteristics of that segment do you resonate with?
3. As you read through the move catalysts for your segment, which one do you have a handle on and which ones need work?
4. Which Core Habits would you like to develop so that you can keep moving?
 - a. Engaging Scripture
 - b. Engaging Prayer
 - c. Engaging Community
 - d. Engaging Service

Action Steps

Let’s put it together! The goal is to be conformed to the image of Jesus for the sake of others through Transformation, embracing God’s Kingdom and dependence on the Holy Spirit. Transformation, Kingdom Living and Holy Spirit empowerment are the result of engaging God through Scripture, Prayer, Community and Service; and all this happens as we move between explore, grow, pursuing and wholehearted.

Action Step 1: Identify where you are in your journey toward God. Are you still exploring? Maybe you are in the early stages of growth where you need help understanding the basics of following Jesus, or you are committed to following Jesus but need help processing how what you have learned fits with your life. Or, you may be at the place where you want God to be a part of every decision, and you are ready to invest your whole life to represent God through who you are and what you do. Now you are ready for the next step.

Action Step 2: What Core Habit will help you as you continue to move to a wholehearted relationship with God. Is there a short term groups you could take? Maybe you need one to one help. Come up with a specific plan. Check out the catalog and webpage for the resources and opportunities offered by the numerous Pure Heart Ministries.

Action Step 3: In one month and at three and six months, assess your movement and adjust your actions step accordingly.